

## Title: Trainer Of The Oliver McGowan Mandatory Training

### My Experiences

I left school and joined the Royal Navy. Following medical discharge, I pursued a career teaching science in a secondary school. I like new challenges, so after a few years I swapped teaching in a classroom to teaching and managing an outdoor centre.

I am really good at problem solving and finding logical solutions. I like to have my brain challenged to identify the problem and beat it. So along with my 20 years of lived experience as an individual with a mobility impairment and autism, the obvious progression was to train as an occupational therapist.

I kept coming across people who really needed input from an occupational therapist to enable them to do necessary everyday tasks efficiently and get onto more meaningful activities. However, these people had waited on a list and deteriorated in the meantime. My solution has been to set up Occupational Therapy Surrey CIC. A non-profit, independent, OT service where robust solutions are provided at the time they are needed.



Find Out More About The  
Training